

# Troparia and Kontakia

## First tone

### Troparion of the Resurrection

When the stone had been sealed by the Jews and when the soldiers were guarding Thy pure Body, O Savior, Thou didst rise on the third day and give life to the world. Therefore, the powers of heaven cried to Thee, O giver of life: Glory to Thy resurrection, O Christ! Glory to Thy kingdom! Glory to Thy providence, O only lover of men!

### Kontakion of the Resurrection

Thou didst rise as God from the tomb with glory and with Thyself didst raise the world, and the nature of men sings to Thee as God, and death has vanished, and Adam dances for joy, O Lord, and Eve, now freed from her fetters rejoices, crying: Thou, O Christ, art He Who givest to all resurrection.

### Prokeimenon

Let Thy mercy, O Lord, be upon us, according as we have hoped in Thee. Stichos: Rejoice in the Lord, O ye righteous; praise is meet for the upright. Alleluia: O God Who givest avengement unto me and hast subdued peoples under me. Stichos: It is He that magnifieth the salvation of His king and worketh mercy for His anointed, for David and for his seed unto eternity.

### Verses on the Beatitudes

Through food, the enemy led Adam out of Paradise; and through the Cross Christ led the thief back into it crying: Remember me, O Lord, when Thou comest into Thy kingdom.

I venerate Thy sufferings and glorify Thy resurrection. With Adam and with the thief I raise a shining cry to Thee: Remember me, O Lord, when Thou comest into Thy kingdom.

Without sin, hast Thou been crucified, and of Thine own will hast Thou been laid in the tomb. But Thou as God hast risen raising Adam with Thyself, crying: Remember me, when Thou comest into Thy kingdom.

On the third day, O Christ our God, Thou hast raised from the tomb the temple of Thy "body raising with Thyself Adam and those descending from him, crying: Remember me when Thou comest into Thy kingdom.

The women bearing myrrh came early in the morning lamenting to Thy tomb, O Christ our God, and they found there an angel in shining white seated and crying; What do ye seek? Christ is risen, weep no more.

O Lord, Thine apostles as Thou hast ordered them were beside Thee on the mountain and seeing Thee. O Savior, they worshipped and Thou hast sent them forth to teach and to baptize the nations.

## Second tone

### Troparion of the Resurrection

When Thou, the deathless life, didst go down to death, then didst Thou slay hell by the lightening flash of Thy divinity. And when Thou didst raise the dead from the lower world, all the powers of heaven cried aloud: Christ our God, giver of life, glory to Thee.

### Kontakion of the Resurrection

Thou didst rise from the tomb, all-powerful Savior, and seeing the miracle, hell was terrified, and the dead rose, whilst creation at the sight of it rejoices with Thee, and Adam exults, and the world, O my Savior, ever sings to Thee.

### Prokeimenon

The Lord is my strength and my song, and He is become my salvation. Stichos: With chastisement hath the Lord chastened men but He hath not given me over unto death. Alleluia: The Lord hear thee in the day of affliction; the name of the God of Jacob defend thee. Stichos: O Lord, save the king, and hearken unto us in the day when we call upon Thee.

### Verses on the Beatitudes

We offer Thee the voice of the thief and cry aloud to Thee; Remember us, O Savior in Thy kingdom.

We bring Thee the cross for the forgiveness of offences. For us hast Thou accepted it, O lover of mankind.

We venerate, O Master, Thy tomb and Thy rising, through which Thou hast delivered the world from corruption, O lover of mankind.

By Thy death, O Lord, death has been swallowed up, and by Thy resurrection, Savior, has the world been saved.

Those sleeping in darkness have seen Thee, the light, and they have risen out of the nethermost parts of hell, O Christ.

Risen from the tomb Thou hast met the women bearing myrrh and told the disciples to proclaim Thy rising.

### Third tone

#### Troparion of the Resurrection

Let the heavens rejoice and let the earth be glad, for the Lord has done a mighty act with His arm. He has trampled death by death and become the first-born of the dead. He has delivered from the depths of hell, and has granted the world His great mercy.

#### Kontakion of the Resurrection

Thou didst rise today from the grave, O merciful one, and hast led us out of the gates of death. Today Adam dances for joy and Eve rejoices, and with them the prophets and patriarchs unceasingly sing of the divine triumph of Thy power.

#### Prokeimenon

O chant unto our God, chant ye; chant unto our king, chant ye. Stichos: Clap your hands, all ye nations; shout unto God with a voice of rejoicing. Alleluia: In Thee, O Lord, have I hoped, let me not be put to shame in the age to come. Stichos: Be Thou unto me a God to defend me and a house of refuge to save me.

#### Verses on the Beatitudes

O Christ, Thou hast cast out of Paradise Adam, the forefather, who had set aside Thy commandment. And in Thy compassion, Thou hast made to dwell therein the thief confessing

Thee upon the cross and crying; Remember me, O Savior, in Thy kingdom.

O giver of life and lord, Thou hast condemned us having sinned to the curse of death. And suffering in Thy sinless body Thou hast made mortal men live crying: Remember us also in Thy kingdom.

O Lord, risen from the dead, Thou hast raised us from passions by Thy resurrection. And Thou hast destroyed all the might of death. Therefore we cry with faith to Thee: Remember us also in Thy kingdom.

By Thy three days' burial hast Thou, making them live, raised those lying dead in hell. And Thou as good hast poured forth incorruption upon us who at all times cry with faith; Remember us also in Thy kingdom.

Risen from the tomb, Thou hast first appeared to the women bearing myrrh and hast cried: Rejoice! and through them Thou dost make known Thy rising to Thy friends, O Christ; Remember us also in Thy kingdom.

On the mountain, Moses, holding his arms outspread prefigured the cross and defeated Amalek. And we having received it with faith as a strong weapon against devils all cry: Re-member us in Thy kingdom.

## Fourth Tone

### Troparion of the Resurrection

When the women disciples of the Lord learned from the angel the glad tidings of the resurrection and cast off the ancestral curse, they exultingly told the apostles; Death is despoiled, Christ our God has risen and is giving the world the great mercy.

### Kontakion of the Resurrection

My Savior and deliverer from the grave, as God, raised the earth-born from their chains, and shattered the gates of hell; and He rose as Lord on the third day.

### Prokeimenon

How magnified are Thy works, O Lord. In wisdom hast Thou made them all. Stichos: Bless the Lord, O my soul; O Lord my God, Thou hast been magnified exceedingly. Alleluia: Bend Thy bow, and proceed prosperously, and be king,

because of truth and meekness and righteousness. Stichos: Thou hast loved righteousness and hated iniquity.

### Verses on the Beatitudes

Through a tree, Adam was deprived of his home in Paradise; while through the wood of the cross, the thief went there to dwell. For the one by tasting set aside the commandment of the Maker, while the other, crucified with Him, confessed the hidden God crying aloud: Remember me in Thy kingdom.

Lifted upon the cross, Thou, O Lord, as God, hath both destroyed the power of death and blotted out the handwriting against us. Do Thou Who alone lovest mankind, grant us the repentance of the thief as we serve Thee with faith, O Christ our God, and cry to Thee: Remember us also in Thy kingdom.

Crucified and rising from the tomb in power on the third day, with Thyself hast Thou, only Immortal, raised Adam, the first-formed man. Make me also worthy, O Lord, to turn to repentance with my whole heart and with warm faith ever to cry to Thee: Remember me, O Savior, in Thy kingdom.

Thou hast torn to pieces on the cross, the handwriting against, us and counted among the dead, Thou hast bound yonder tyrant, delivering all from the bonds of hell by Thy resurrection. Through it we have been enlightened and cry aloud to Thee, Lord who lovest mankind: Remember us also in Thy kingdom.

For our sake He Who is without passion, became a suffering man and nailed upon the cross of His own will, He raised us with Himself. Therefore with the cross we glorify the passion and the resurrection through which we have both been made anew and through which we have been saved, crying: Remember us also in Thy kingdom.

Let us entreat with faith Him rising from the dead despoiling the power of hell, Who was seen by the women bearing myrrh and said to the: Rejoice! for our souls always to be delivered from corruption, crying at all times to Him with the gracious voice of the thief: Remember us also in Thy kingdom.

### Fifth Tone

#### Troparion of the Resurrection

Let us, the faithful, praise and adore the Word, co-eternal with the Father and the Spirit, Who for our salvation was born of a virgin. For He was pleased to ascend

the cross in the flesh and to endure death and to raise the dead by His glorious resurrection.

#### Kontakion of the Resurrection

Thou didst descend into hell, my Savior, and having shattered its gates, as all powerful, Thou didst raise the dead with Thyself, as creator, and didst deliver Adam from the curse, O lover of men. Therefore, we all cry to Thee: Save us, O Lord.

#### Prokeimenon

Thou, O Lord, shall keep us and shall preserve us from this generation and for evermore. Stichos: Save me, O Lord, for a righteous man there is no more. Alleluia: Of Thy mercies, O Lord, will I sing for ever. Unto generation and generation will I declare Thy truth with my mouth. Stichos: For Thou hast said: Mercy shall be built up for ever. In the heavens shall Thy truth be established.

#### Verses on the Beatitudes

The thief on the cross believing Thee to be God confessed Thee earnestly from his heart, crying aloud: O Lord, remember me in Thy kingdom.

Let us with one accord praise as Savior and creator Him Who made life flower for our kind by the wood of the cross and Who withered the curse coming from the tree.

By Thy death, O Christ, Thou hast destroyed the might of death and hast raised with Thyself those dead from the ages praising Thee as our true God and Savior.

The holy women having come to the tomb, O Christ, sought to anoint Thee, giver of life, with myrrh, and an angel appeared to them crying aloud: The Lord is risen.

Thou hast been crucified, O Christ, between two condemned thieves and one of them blaspheming Thee was rightly sentenced, while the other, confessing Thee, went to dwell in Paradise.

The holy women coming to the choir of the apostles lifted their voices crying; Christ is risen; Worship ye Him as master and creator.

#### Sixth Tone

### Troparion of the Resurrection

The angelic hosts were before Thy tomb, the guards became as dead men, and Mary stood in the sepulchre looking for Thy pure body. Thou didst despoil hell, for Thou wast not tempted by it. Thou didst come and meet the virgin to give life. O Lord, Who didst rise from the dead, glory to Thee.

### Kontakion of the Resurrection

Having raised all the dead from the valleys of darkness by His life-giving hand, Christ our God granted resurrection to the human dough. For He is the Savior of all, the resurrection and life and God of all.

### Prokeimenon

Save, O Lord, Thy people, and bless Thine inheritance. Stichos: Unto Thee, O Lord, will I cry; O my God, be not silent unto me. Alleluia: He that dwelleth in the help of the Most High shall abide in the shelter of the God of heaven. Stichos: He shall say unto the Lord: Thou art my helper and my refuge. He is my God, and I will hope in Him.

### Verses on the Beatitudes

Remember me, my God and Savior, when Thou comest into Thy kingdom and save me as Thou alone lovest mankind.

Through the wood of the cross Thou hast saved again Adam who was beguiled by the tree and the thief as he cried aloud: Remember me, O Lord, in Thy kingdom.

O giver of life, having broken the gates and chains of hell; Thou, Savior, hast made all men rise crying aloud: Glory to Thy resurrection.

Do Thou Who hast by Thy burial and Thy resurrection despoiled death, and filled all things with joy, remember me as Thou art compassionate.

When the women bearing myrrh came to the tomb they heard an angel crying; Christ is risen, filling the whole world with light.

Let us all praise with one accord Christ nailed to the wood of the cross thus delivering the world from error.

## Seventh Tone

### Troparion of the Resurrection

Thou hast destroyed death by Thy cross, Thou hast opened paradise to the thief. Thou hast changed the lamentation of the myrrh-bearers into joy, and Thou hast commanded Thine apostles to proclaim that Thou, O Christ our God, hast risen and grantest the world the great mercy.

### Kontakion of the Resurrection

No longer can the dominion of death hold mortals, for Christ hath come down and hath shattered and broken its power. Hell is bound, and the prophets rejoice with one voice, saying: The Savior has appeared to those who have faith, Come out, ye faithful, for the Resurrection.

### Prokeimenon

The Lord will give strength unto His people; the Lord will bless His people with peace. Stichos: Bring unto the Lord, ye sons of God, bring unto the Lord the sons of rams. Alleluia: It is good to give praise unto the Lord, and to chant unto Thy name, O Most High. Stichos: To proclaim in the morning Thy mercy, and Thy truth by night.

### Verses on the Beatitudes

Fair to look upon and good for food was the fruit that killed me; while Christ is the tree of life. Eating thereof, I die not but cry aloud with the thief; Remember me, O Lord, in Thy kingdom.

Lifted upon the cross, Thou Who art compassionate, hast blotted out the handwriting of Adam's sin in days of old, and Thou hast saved from error all the whole line of mortal men. Therefore we sing Thy praises, O benefactor and Lord.

Thou hast nailed our sins upon the cross, O Christ Who art compassionate, and by Thy death hast Thou put death to death, raising the dead from the dead. Therefore we venerate Thy holy Resurrection.

The serpent once emptied his poison into the ears of Eve; while Christ on the wood of the cross poured the sweetness of life into the world. Remember me, O Lord, in Thy kingdom.

In the tomb wast Thou laid as mortal, O Christ, the life of all and Thou hast burst asunder the chains of hell and risen the third day in glory as mighty. Thou hast enlightened all. Glory to Thy rising.

The Lord rose from the dead on the third day and gave His own peace to the disciples. And He blessed them and sent them forth saying: Lead ye all men into My kingdom.

### Eighth Tone

#### Troparion of the Resurrection

Thou didst come down from on high, Merciful Savior, and accept burial for three days, that Thou mightest free us from our passions. O Lord, our Life and Resurrection, glory to Thee.

#### Kontakion of the Resurrection

Having risen from the tomb, Thou didst raise the dead and resurrect Adam, and Eve dances with joy at Thy resurrection. And all the ends of the earth keep festival at Thy rising from the dead. O most merciful One.

#### Prokeimenon

Make your vows and pay them to the Lord our God. Stichos: In Judea is God known, His name is great in Israel. Alleluia: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior. Stichos: Let us come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

#### Verses on the Beatitudes

Remember us, O Christ, Savior of the world, as Thou hast remembered the thief upon the cross. And make us all worthy of Thy heavenly kingdom, O Thou Who alone art compassionate.

Hearken, O Adam, and rejoice with Eve, for He Who formerly stripped you both and took thee captive through beguilement, is laid low by the cross of Christ.

Our Savior, having been nailed by Thine own will upon the tree, Thou hast destroyed the curse of the tree that lay on Adam and as Thou art compassionate, Thou hast given those in Thine image a dwelling place in Paradise.

Today Christ is risen from the tomb giving all the faithful incorruption and He gives back joy to the women bearing myrrh: After the Passion, the Resurrection!

Rejoice O ye wise women bearing myrrh, first to see the Resurrection of Christ, and Who announced to the apostles the good tidings thereof, that is, the restoration of the whole world.

Ye apostles appearing as friends of Christ having the same throne as His in glory intercede as His disciples for us to stand before Him with boldness.